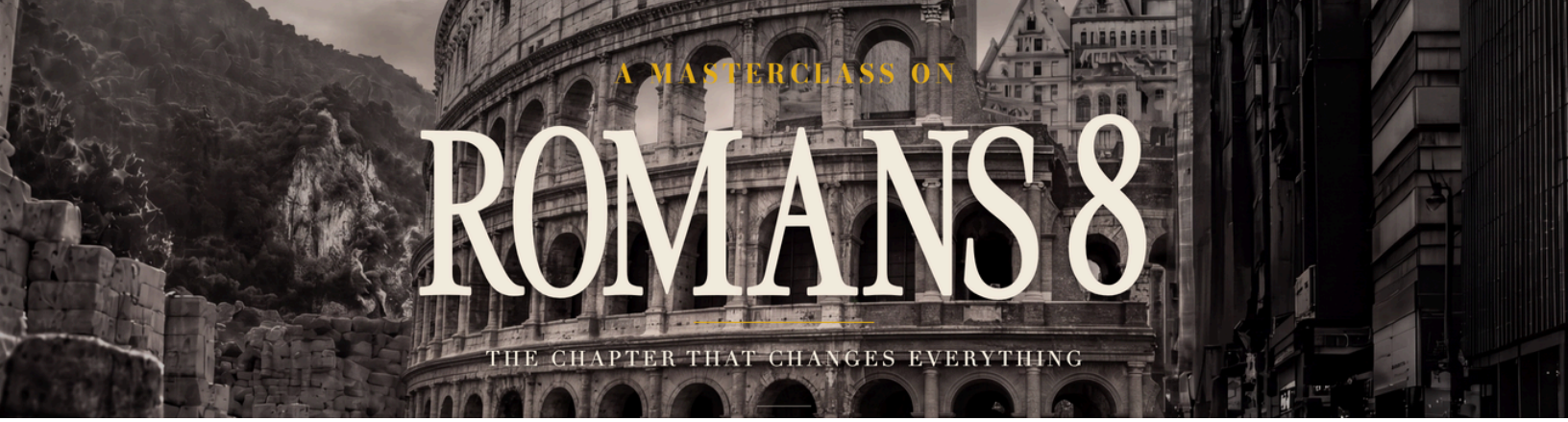


November 15, 2026

1. Romans 8:1 says, “There is now no condemnation for those who are in Christ Jesus.” When is the last time you felt freedom and or transformation?

2. We talked about how we are no longer powerless against sin because the Holy Spirit empowers us to change. What is one area of your life where you tend to rely on your own strength?

3. Paul emphesises setting our mind on the Spirit. What tends to occupy your thoughts, influence your decisions, or shape your priorities lately?