

NOT WITHOUT _____.

March 1, 2026 | Prayer

1. Is prayer a conversation or performance? In John 1, Jesus simply says, “Come and you will see.” When you think about prayer, do you see it more as a conversation, a performance, or a last resort? Why? Go deeper: What would change in your life if prayer was truly an ongoing conversation and encounter with God rather than just a religious practice? Action Step: Set a 5-minute timer this week and talk to Jesus as if He’s sitting across from you — no script, no “church language.”

2. Prayer Is for Ordinary People! Jesus invited ordinary fishermen to follow Him. Do you ever feel “not spiritual enough” to really pray? What makes you feel that way? Go deeper: How does knowing that failure does not disqualify you change the way you approach God? Action Step: Write down one area where you feel disqualified, and bring it honestly to God in prayer this week.

3. Prayer Starts with Honesty! Jesus asked, “What are you seeking?” If Jesus asked you that question today, what would your honest answer be? Go deeper: Are there questions, doubts, or frustrations you’ve hesitated to bring to God? Why? Action Step: Pray one brutally honest prayer this week — no filtering.

4. Known Intimately by God! God knows every hair on your head. How does it make you feel to know that God knows you completely? Comforted? Nervous? Skeptical? Go deeper: What’s the difference between knowing about God and being known by God? Action Step: Spend one prayer time this week just sitting quietly and asking, “God, what do You want me to know about who I am to You?”

5. Prayer Shapes Identity! Jesus didn’t define people by their past but by their future. What labels (past mistakes, failures, insecurities) have you allowed to define you? Go deeper: What might God be speaking over your identity right now that is different from what you’ve believed? Action Step: Replace one negative label with a truth from God and pray it daily this week.

6. Prayer Moves Us Toward Others! Prayer isn’t just inward. It moves us to invite and intercede. Who is one person in your life that needs prayer right now? Go deeper: What keeps you from praying boldly for others or inviting them to encounter Jesus? Action Step: Pray daily for one specific person this week, and ask God if He’s prompting you to reach out.