

# SUPERBOWL to PREACHING

February 8, 2026

## **Luke 11:33-34 — Attention Determines Direction**

1. Jesus says the eye is the lamp of the body. What do you think He means practically? What has your attention most lately — and where is it actually leading you?
2. What is one small, specific shift you could make this week to fix your eyes more intentionally on Jesus? (Example: 5 minutes in Luke each morning, worship instead of scrolling, praying before responding in conflict.)

## **1 John 1:5-7 — Walking in the Light**

1. “If you cannot see the light, you cannot be the light.” Where might you be avoiding full honesty with God — or even with yourself?
2. In a lunar eclipse, the earth blocks the sun’s light. What “blockers” in your life (pride, shame, distraction, control) might be eclipsing God’s light from fully reaching you?
3. Where are you still trying to change yourself instead of allowing God to change your desires? What would one step of honesty toward Him look like this week? (Specific confession? Naming a struggle to someone safe?)

## **Isaiah 6 — Presence Before Comfort**

1. When God draws near, He exposes what needs grace. How do you typically respond when conviction comes — defensiveness, shame, avoidance, repentance?
2. Revival begins in us but doesn’t stay with us. If God truly revived your heart, who around you would be impacted first? How can you begin praying expectantly this week?